

A Personalized Approach



By Shari Zint

It seems to be one of the best kept secrets in the Valley. Yet in Maricopa County alone, 190 families provide Adult Foster Care in their own homes for some of the valley's most vulnerable. Caregivers take in up to four elderly or disabled individuals into their home and provide personalized care and a family environment. It's not just the room, board and the care required by law, its relationships and quality of life, at a time when we are most needy. Whether it is Alzheimer's, a stroke, diabetes, a head injury or just frailty, these homes offer hope, as well as help.

Adult Foster Care homes are similar to Assisted Living Homes. Both are licensed, following the same rules and regulations. The homes may look similar—a single family home in a residential neighborhood. But there are some important differences. Adult Foster Care homes are limited to four unrelated residents receiving care. The caregiver must live in the home where care is provided and integrate the residents into the family. The Foundation For Senior Living, which administers the program, evaluates the caregivers for emotional and financial stability, looking at the family, motivation, and character of the caregivers, in addition to the rule standards for the home. Assisted Living homes, on the other hand, can have up to ten residents, do not have to be owner occupied and are typically staffed by managers and caregivers. Assisted Living homes are more a group home setting, whereas AFC homes are a family, opening their home and providing care.

All Adult Foster Care homes take individuals on the Arizona Long Term Care System (ALTCS), subsidizing the fees for the care. Although most of those receiving care are on ALTCS, the homes also offer services to those who pay privately. The rates for private pay tend to be lower than the average assisted living home, ranging from \$1200–\$2000. Adult Foster Care has become the “non-profit” of the Assisted Living industry, providing quality home and community based care at affordable rates.

AFC homes are carefully evaluated and monitored on a regular basis. The homes are screened, trained and monitored by The Foundation For Senior Living, a private, non-profit social service agency. The agency contracts with Maricopa Long Term Care to administer the Program. Homes contract directly with the Foundation For Senior Living, allowing the agency the ability to choose homes best suited for providing personalized family care. AFC homes are monitored every six

months for rule compliance and quality of care. In addition, ALTCS case managers visit the homes every three months. Foundation For Senior Living also investigates concerns and complaints as well as providing on-going education, support and assistance to the caregivers. The supervision, selection process and support provided in the AFC homes offer families the assurance that their loved one is cared for with both quality and compassion.

Who are these Adult Foster Care Sponsors? It is not an easy thing to open your home to others with significant needs, to have competition for your time and attention as you raise a family, run a household and care for your own personal needs. In spite of the challenges, almost 200 Adult Foster Care sponsors currently provide care in their own home. All have been caregivers before; some for their own family who have been ill, others for those in nursing homes or group homes. Yet they determine that they can do better in their own

“It is not an easy thing to open your home to others with significant needs...”

home, rather than a larger setting. They apply for the program because they see the need, they believe their family has love and nurture to offer, and they see that their home can provide what most people most desire—relationships and a sense of belong, in addition to the personal care. Adult Foster Care sponsors may have kids, pets, live alone, on a farm, have extended families, be palatial or simple. But all seem to offer a home, not just a house.

Adult Foster Care sponsors provide the residents in their homes with a variety of services, including supervision, meals, assistance with activities of daily living, medication, transportation and recreational opportunities. AFC homes can care for residents who need total care and work closely with hospice. There are even Adult Foster homes that specialize in caring for younger people with head injuries, behavioral issues, or diabetes. As long as the individual does not need continuous nursing care, or ongoing night time assistance, there is an AFC home that can assist.

When you are searching for a home for yourself or a loved one, sheer number of homes and options can be overwhelming. The Foundation For Senior Living offers personalized assistance in finding a home near you that meets the particular needs of the individual. The agency keeps information about the homes, tracking important variables such as vacancies, whether these are for male or female clients, who accepts residents with pets, who specializes in caring for those with Alzheimer’s, which homes are wheel chair accessible, what languages they speak, and other special needs the homes can meet. The AFC staff know the homes and caregivers, their personalities, strengths and weakness. This information is vital when choosing the best home. We also provide information on how to interview in the home, what questions to ask, what to look for and how navigate the ALTCS systems, if that is needed. One call to the AFC program can provide valuable, personalized information, and send families directly to the services or homes to fit the particular need.

Years ago, if a loved one could not be cared for in their own home, the only alternative was a nursing home. Now the options for home and community based care are tremendous. Whether you have your own resources to pay or are funded through ALTCS, quality and compassionate home settings are available near you. Adult Foster Care homes may be just what you are looking for.

Affordable, personalize care in a family environment. It’s time the secret was out.



To find an Adult Foster Care Home near you, call the Foundation For Senior Living at 602-285-1800.

Adult Foster Care Homes Index

Contact	Phone	Medical License	Private Rooms	Smoking	Wander	Oxygen	Pets	Wheel Chair
AVONDALE								
Karen	623-393-0050	LPN	2	O	•	•	•	•
BUCKEYE								
Rosemary	623-386-6521		1		•	•		•
CHANDLER								
Maria	480-732-0990			O		•		•
Francisca	480-855-4430		2	O	•			•
FOUNTAIN HILLS								
Arsa	480-837-7231		2			•		•
GILBERT								
Catherine	480-539-8623			O		•	•	•
Maria	480-497-6005		2		•			
Betty	480-899-3036		4	O	•	•		
Melva	480-279-1071	RN	4			•		•
GLENDALE								
Shione	623-846-1386			O		•		•
Rosa	623-930-1915			O				•
Anita	623-937-9846	CNA		O		•		•
Joyce	623-842-9512		2	O	•		•	
Mary	623-939-3099			O			•	•
Ileana	623-334-3905		2		•	•	•	•
Daisy	623-915-9309		2		•	•		•
Carmen	623-930-0474				•	•		•
Jane	623-847-8388			O	•			•
Rodalín	623-463-6325	RN			•	•	•	•
Aurelia	623-463-1264		1	O	•	•		•
Zennie	623-846-3005		2	•	•		•	•
Ermina	623-915-2071	CNA	2	•	•		•	•
Barbara	623-848-1214		4	O	•	•	•	•
Rose	623-937-8844	CNA	2		•	•		•
Adela	623-842-5765		2	O	•	•		•
Laurel	623-939-3951	CNA	2	O	•	•	•	•
Muriel	623-334-2866	RN	2		•	•	•	•
Susan	602-938-6317				•	•		•
Shirley	623-842-1408		2		•	•		•
Irina	623-486-3235		4			•		•
Marilena	602-942-7079		2	O	•	•		•
Paulina	602-375-8626		4		•	•		•
Ted	602-938-9059	CNA	4	O	•	•	•	•

O = Outdoor Smoking Only.

Adult Foster Care Homes Index

Contact	Phone	Medical License	Private Rooms	Smoking	Wander	Oxygen	Pets	Wheel Chair
GLENDALE continued								
Lucy	623-773-2063				•			
Sophie	602-938-8522		4			•		•
Valerie	623-872-3629		2	O	•		•	•
Violeta	602-843-2798	CNA	2		•			•
Helen	602-439-7057	CNA	2	O		•		•
Cindy	602-547-9682			O	•	•		•
Dorina	602-548-8852				•			
Nicoleta	602-863-1703		1	O	•	•	•	•
Stella	602-467-0499		2	O	•			•
Dan	602-938-9473		4	•	•		•	
Sandra	602-843-3663	RN	2	•		•		•
Niculina	602-548-6987		2	O	•	•	•	•
Mary	602-938-2668			O	•	•	•	•
Myra	602-789-8666		2	O	•	•	•	•
Mirela	623-376-9185		2	O	•	•	•	•
Stefania	623-362-2657		1		•			•
Ioan	623-362-2100		4		•		•	•
Maria	602-547-8583		2	O	•	•		•
Lidia	623-376-6134			O	•	•		•
Florica	602-298-9602				•	•		•
Elena	623-486-1118				•			
Livia	623-780-3301							•
Jan	623-561-5652		2		•	•		
Keith	623-582-8182		1	•	•			•
Stefania	623-825-2560		4		•		•	•
Dorina	623-572-6960	CNA	1		•	•		
Diana	623-537-3872	CNA	2	O	•	•		•
GOODYEAR								
Patricia	623-932-4028			O	•	•	•	•
LAVEEN								
Dee	602-237-4108		2		•	•		•
Emma Lee	602-237-9091		3			•		•
Ruth	602-237-2463				•	•	•	•
MESA								
Ann	480-833-5231	CNA	4	•	•	•		•
Sulon	480-898-0104		4	•		•	•	•
Marilou	480-844-9326	CNA	1	O	•	•	•	•
Elaine	480-969-8948				•	•		•
Grace	480-831-5835		1				•	
Louise	480-962-4553			•	•	•	•	•
Mable	480-833-1155		2			•		

Contact	Phone	Medical License	Private Rooms	Smoking	Wander	Oxygen	Pets	Wheel Chair
MESA continued								
Lorna	480-964-5613	CNA	2					
Jennie	480-507-8794	CNA	2	O		•	•	•
Rosita	480-641-8551	RN	2	O				•
Lois	480-985-2929		4	•		•		•
Danuta	480-854-8906			O	•	•		
Zofia	480-354-0535		2	O	•	•		
Jer	480-354-0752	RN	2	•	•	•	•	•
Paula	480-986-7516	CNA	1		•	•	•	•
Anne	480-820-0620	CNA		O		•	•	•
Marty	480-962-0308		1	•	•		•	
PEORIA								
Teresa	623-587-8557		2	O	•	•	•	•
Demetria	623-878-8737	CNA	2			•		•
Hildelita	623-487-0065		4	O	•	•		•
Ana	623-972-9020			O	•			•
Maria	623-334-9447	CNA	2		•	•	•	•
Karen	623-486-2248				•	•		•
Caroline	623-583-7815		3	O	•	•		
Rose	623-979-5332				•	•	•	•
Margarita	623-583-9331		2	O	•	•		
PHOENIX								
Betty	602-275-3905			O	•	•		•
Lidia	602-220-0908		1	O	•		•	•
Nancy	602-258-7106		2		•	•		
Gil	602-264-3072		2	O	•	•		•
Janice	602-246-9701	LPN	2	•		•		•
Teresa	602-246-9449		2	O		•		•
Cecelia	602-264-8220		4	O	•	•		•
Ana	602-241-9013		4	O		•		•
Daniel	602-265-8283		4	O		•		
Slava	602-266-2910		2	O	•	•	•	•
John	602-246-7474		2	O	•		•	•
Beverly	602-347-7482		2		•	•	•	•
Mara	602-973-8767	CNA	2	O		•		•
Maria	602-589-7723	CNA						•
Ana	602-942-1974		2	O	•	•		•
Tiffanie	602-485-7739	CNA		O	•	•	•	•
Lucienda	602-942-6140		2	O		•		•
Angelica	602-493-4966		4	O	•			•
Simona	602-867-3471		4	O	•	•		•

O = Outdoor Smoking Only.

Adult Foster Care Homes Index

Contact	Phone	Medical License	Private Rooms	Smoking	Wander	Oxygen	Pets	Wheel Chair
PHOENIX continued								
Marinela	602-993-9021		2	O	•	•		•
Ana	602-863-3397			O		•		•
Lidia	602-938-6030			O		•		•
O'King	602-942-1093		2					
Mike	602-866-7064	CNA		•	•	•		•
Helena	602-765-9576			O	•	•		•
Rodica	623-587-7670		2			•		•
Stana	623-581-8800		4	O				•
Cynthia	623-322-5772		1		•			•
Ana	623-582-3368		1	O	•	•		•
Lidia	602-953-4752		2	O	•	•		
Zofia	602-494-1693			O		•		•
Dorothy	602-953-2450		4		•	•	•	•
Maria	602-938-9181		4	O	•	•		•
Vasile	623-848-1968		2	O	•	•	•	•
Barry	623-848-1544	CNA			•	•		•
Mirka	623-322-5039	CNA	1		•		•	•
Edward	623-247-8301			O				•
Delores	623-846-4447	CNA	4	O	•	•		•
Gerald	623-247-7042		1			•		
Jadwiga	602-992-4410		4	O	•			•
Joaquin	602-788-3140		4		•	•		
Donna	602-992-1641				•	•	•	•
Mary	602-971-3844		4	O	•	•	•	
Nina	602-867-7500		2	O	•	•		•
Dosia	602-870-3446		1		•		•	•
Eulalie	602-795-6391		2		•	•		•
Clarita	623-848-3597		4	•		•		
Laura	623-247-0739		1					
Lucas	623-848-1327		2	O	•	•		•
Mary	623-846-2324		2		•	•	•	•
Marieta	623-849-2723		1	O	•	•	•	•
Diana	623-877-7392	CNA		O		•	•	•
Nancy	602-352-1184	CNA	1	•	•	•	•	•
Sondra	623-873-2615		2	•	•	•	•	•
Alma	602-276-2228		2	•	•			•
Mary	602-276-7195			O	•			
Bertha	602-243-3151			O				•
Prima	602-438-1208					•		•
Mihaela	602-765-3602		1	O	•	•		•
Lila	602-589-0393		4	•	•	•	•	•

Contact	Phone	Medical License	Private Rooms	Smoking	Wander	Oxygen	Pets	Wheel Chair
PHOENIX continued								
Eduardito	623-842-3215		4	•	•	•		•
Eva	602-995-5313			•	•	•	•	•
Sally	623-937-3314	CNA	2	O	•	•	•	•
Elizabeth	602-973-5893				•	•		
Fatima	602-841-7024	CNA		O	•		•	
Sara	602-504-0915	CNA	4	O	•	•		•
Valentina	602-298-6546		4	O	•	•		•
Adriana	602-938-0093		2	O	•	•		•
Debra	602-896-0577		1	O	•	•	•	•
Rosalina	602-595-1943	CNA	2	O	•	•		•
Emilia	623-245-1674		2	O	•	•		•
Iosif	623-581-8213		1	O	•	•		•
Diana	623-581-5444			O	•			•
Cornelia	623-362-8406		2	O		•		•
Ana Maria	623-266-3574	CNA	2	O	•	•		•
QUEEN CREEK								
Charleen	480-888-1182		2		•	•		
SCOTTSDALE								
Maria	602-788-9786		2	O	•	•		•
Gloria	602-996-7450		1	O	•			
Beny	602-494-1148		2	O		•		
Mark	480-922-3501		2		•	•		•
Kazimiera	602-996-2520		4	O		•		•
Lucica	602-494-1295	CNA	4	O	•	•		•
Maria	480-563-2301		2	O		•		•
Joyce	480-945-7070				•	•		•
Nicki	480-970-6401				•	•		•
Vera	480-315-8363	CNA	3	O			•	
Lina	480-596-0579			O	•	•		•
Petru	480-348-7967		2	O				•
SUN CITY								
Maria	623-362-2056		2	O	•	•	•	•
TEMPE								
Nellie	480-894-2902	CNA	2	•		•		
Cecelia	480-755-9669				•	•		•
Doina	480-775-8003		2		•	•		•

O = Outdoor Smoking Only.